



ANSAR WOMEN'S COLLEGE, PERUMPILAVU



AWC MENTAL HEALTH POLICY

INTERNAL QUALITY ASSURANCE CELL

(IQAC)



ANSAR WOMEN'S COLLEGE

Affiliated to University of Calicut
Accredited with 'A' Grade by NAAC

PERUMPILAVU, KARIKKAD PO,
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AWC MENTAL HEALTH POLICY

Our College cares for your well-being!

- Ansar Women's College is committed to ensuring a safe, supportive and inclusive environment for emotional and psychological well-being of all students and staff.
- The College believes that mental health is as important as physical health. Confidential counselling support is available for students and staff.
- Mentors and teachers are trained to listen and guide you to help when needed.
- Respect, empathy, and kindness form the foundation of our college culture.
- Wellness programmes, life-skill education and awareness sessions are conducted regularly.
- Students and staff are encouraged to seek help when needed.
- College Counselling Cell & Mentor-Mentee Committee